

Wildflowers Shrubs of the Bangor City Forest 2019

| | A | B | C | D | E | F | G |
|----|---------------------------|------------------------------|--------------|-----------------|--|---|---------------------------|
| 1 | Common Flower Name | Latin Name | Distribution | Bloom | Location | Trail/Road | Latitude and Longitude |
| 2 | Alder, Speckled** | Alnus incana | Widespread | Late April | Sun/Shade; Road, Trail | | |
| 3 | Anemone, Wood | Anemone quinquefolia | Spotty | Mid May | Shade; Moist Trailside | East, Loop, Shannon | Lat: 44.865; Lon: -68.723 |
| 4 | Arbutus, Trailing | Epigaea repens | Widespread | Early May | Shade; Moist Trailside | | Lat: 44.879; Lon: -68.739 |
| 5 | Arrowhead, White | Sagittaria latifolia | Uncommon | Mid August | Water | Kittredge Rd. | |
| 6 | Artichoke, Jerusalem | Helianthus tuberosus | Uncommon | Late August | Field | Loop | |
| 7 | Aster, Arrow-Leaved | Symphyotrichum urophyllum | Spotty | Late August | Sun; Clearing | Grouse, Loop, Main | |
| 8 | Aster, Owl | Symphyotrichum pilosum | Widespread | Mid September | Sun; Road, Clearing, Field | Kitteredge Road | |
| 9 | Aster, Flat Topped | Doellingeria umbellata | Widespread | Mid August | Sun/Shade; Road | | |
| 10 | Aster, Heart-leaved | Symphyotrichum cordifolium | Spotty | Late August | Sun/Shade; Road, Trail | East, Kittredge Parking Lot, Main, West | |
| 11 | Aster, Large-leaved | Eurybia macrophylla | Common | Early September | Sun/Shade; Road, Trail | Loop, Main, Tripp, West | |
| 12 | Aster, New England | Symphyotrichum novae-angliae | Spotty | Mid September | Sun; Road, Clearing, Field | Arboretum, Loop, Main, Shannon | |
| 13 | Aster, New York | Symphyotrichum novi-belgii | Spotty | Late August | Sun/Shade; Road | Arboretum, Main, Shannon, Tripp | |
| 14 | Aster, Panicked | Symphyotrichum lanceolatum | Spotty | Early September | Sun/Shade; Road | Arboretum, Kittredge Parking Lot, Shannon, Tripp | |
| 15 | Aster, Rough Wood | Eurybia radula | Common | Late August | Shade/Wet/Bog | Bog | Lat: 44.871; Lon: -68.737 |
| 16 | Aster, Small White | Symphyotrichum racemosum | Widespread | Mid August | Sun/Shade; Road | | |
| 17 | Aster, White Wood | Eurybia divaricata | Spotty | Early September | Sun/Shade; Road, Trail | Deer, Rabbit | |
| 18 | Aster, Whorled Wood | Oclemea acuminata | Widespread | Early August | Shade; Trail | | |
| 19 | Autumn Olive † ** * | Elaeagnus umbellata | Uncommon | Early June | Sun; Road, Clearing, Field | Kitteredge Road | |
| 20 | Avens, Rough | Geum laciniatum | Uncommon | Early July | Sun; Road | Tripp | Lat: 44.866; Lon: -68.730 |
| 21 | Avens, Water | Geum rivale | Uncommon | Early June | Sun; Road, Wet Meadows | East, Tripp | |
| 22 | Avens, Yellow | Geum aleppicum | Spotty | Late June | Sun/Shade; Road | East, Kittredge Parking Lot, Rabbit, Shannon | Lat: 44.866; Lon: -68.730 |
| 23 | Banberry, Red | Actaea rubra | Uncommon | | Shade; Moist Trailside | East, West | |
| 24 | Bedstraw spp./Wild Madder | Galium spp. | Widespread | Mid June | Sun; Road | | |
| 25 | Bedstraw, Clayton's | Galium tinctorium | Uncommon | Early July | Shade; Moist Trailside | Bog | Lat: 44.863; Lon: -68.731 |
| 26 | Bedstraw, Yellow* | Galium verum | Uncommon | Early July | Sun; Road | Shannon | |
| 27 | Beechdrops | Epifagus virginiana | Uncommon | Mid July | Shade; Trail, Woodlands | Kitteredge Road | |
| 28 | Beggar-Tick | Bidens frondosa | Widespread | August | Shade; Moist Trailside | Bear, Bobcat, Bog, Deer, West | |
| 29 | Bellflower, Creeping* | Campanula rapunculoides | Common | August | Sun; Road, Clearing, Field | Arboretum, East, Loop, Rabbit, Main, Shannon, West, | |
| 30 | Bellwort, Sessile Leaved | Uvularia sessilifolia | Widespread | Early May | Shade; Road, Trail | | |
| 31 | Betony, Wood/Lousewort | Pedicularis canadensis | Uncommon | Mid May | Sun; Road, Clearing, Field | Kitteredge Road | |
| 32 | Bindweed, Fringed | Fallopia cilinodis | Spotty | Mid July | Sun/Shade; Road | Arboretum, Loop | |
| 33 | Bindweed, Hedge | Calystegia sepium | Spotty | Mid July | Sun/Shade; Road | Kitteredge Road | |
| 34 | Bittersweet, Asiatic†* | Celastrus orbiculata | Uncommon | | Sun/Shade; Road | Main | |
| 35 | Black Snakeroot | Sanicula marilandica | Uncommon | | Shade; Moist Trailside | West | |
| 36 | Black-eyed Susan | Rudbeckia hirta | Common | Mid July | Sun; Road, Clearing, Field | Arboretum, Loop, Main, | |
| 37 | Blackberry | Rubis allegheniensis | Widespread | Mid June | Sun/Shade; Road, Trail | | |
| 38 | Blue-Eyed Grass, Eastern | Sisyrinchium atlanticum | Widespread | Early June | Sun; Road | | |
| 39 | Blueberry, Early Low ** | ss | Widespread | Late May | Sun/Shade; Trail | | |
| 40 | Blueberry, Highbush** | Vaccinium corymbosum | Spotty | Early June | Sun/Shade; Trail | Bear, Bobcat, Grouse, Bog, Deer | Lat: 44.860; Lon -68.740 |
| 41 | Bluet | Houstonia caerulea | Widespread | Mid May | Sun; Road, Clearing, Field | | |
| 42 | Boneset | Eupatorium perfoliatum | Spotty | Mid July | Shade; Trail, Woodlands | Bog, Loop, Shannon, Tripp | |
| 43 | Bugle(Ajuga)* | Ajuga reptans | Uncommon | Late May | Shade | Kittredge Parking Lot | |
| 44 | Bugleweed, Northern | Lycopus uniflorus | Widespread | Mid August | Shade; Moist Trailside, Bog | | |
| 45 | Bunchberry | Chamaepericlymenum canadense | Widespread | Late May | Shade; Trail, Woodlands | | |
| 46 | Bur Marigold, Nodding | Bidens cernua | Common | Late August | Shade/Wet/Bog | Kittredge Rd., Bog, | Lat: 44.864; -68.731 |
| 47 | Bur-weed, Branching | Sparganium erectum | Spotty | Early July | Pond | Arboretum, Bog | |
| 48 | Burdock, Common* | Arctium minus | Widespread | Mid August | Sun; Road, Clearing, Field | | |
| 49 | Butter and Eggs* | Linaria vulgaris | Spotty | Mid August | Sun; Road | Arboretum, Loop, Main, Shannon | |
| 50 | Buttercup, Creeping* | Ranunculus repens | Spotty | Early June | Shade; Moist Woodlands | Aboretum, Kittredge Rd. | |
| 51 | Buttercup, Swamp | Ranunculus caricetorum | Uncommon | Early June | Wetlands | Penjajawoc Flowage | |
| 52 | Buttercup, Tall* | Ranunculus acris | Widespread | Early June | Sun; Road, Clearing, Field | | |
| 53 | Campion, Bladder* | Silene vulgaris | Spotty | Mid June | Sun; Road, Clearing, Field | Deer, Loop, Main/Rabbit, | |
| 54 | Campion, White* | Silene latifolia | Spotty | Late June | Sun; Road, Clearing, Field | Loop, Main/Rabbit | |
| 55 | Catnip | Nepeta cataria | Uncommon | Late July | Sun; Road, Clearing, Field | Kittredge Road | Lat: 44.856; Lon: -68.740 |
| 56 | Cattail, Common | Typha latifolia | Common | Early July | Sun; Water | Pond | |
| 57 | Chamomile, Wild* | Matricaria recutita | Spotty | Late June | Sun; Road | Arboretum, Loop, Rabbit | |
| 58 | Cherry, Choke** | Prunus virginiana | Spotty | Late May | Sun/Shade; Road, Trail | Tripp, Arboretum | |
| 59 | Chickweed, spp.* | Cerastium spp. | Spotty | Mid June | Sun; Road | Arboretum | |
| 60 | Chicory* | Cichorium intybus | Widespread | Early July | Sun; Road, Clearing, Field | | |
| 61 | Chokeberry, Purple** | Aronia prunifolia | Uncommon | Late May | Sun/Shade; Wet Meadows, Bog; Loop, Moose | | |

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| 62 | Cinquefoil, Common | Potentilla simplex | Widespread | Mid June | Sun; Road, Clearing, Field | | |
| 63 | Cinquefoil, Rough | Potentilla norvegica | Spotty | Late July | Sun/Shade; Road | Loop, Main, Rabbit, Tripp, West, | |
| 64 | Cinquefoil, Rough Fruited* | Potentilla recta | Common | Early July | Shade | Arboretum, East, Loop Main, Shannon, | |
| 65 | Cinquefoil, Silver | Potentilla, argentea | Uncommon | Early June | Sun/Shade; Road | Shannon | |
| 66 | Clintonia, Yellow | Clintonia borealis | Widespread | Late May | Sun; Road, Clearing, Field | | |
| 67 | Clover, Alsake | Trifolium hybridum | Common | Mid June | Sun; Road, Clearing, Field | | |
| 68 | Clover, Rabbit Foot* | Trifolium arvense | Common | Late July | Sun; Road, Clearing, Field | Loop, Main, Tripp, Shannon | |
| 69 | Clover, Red* | Securigera varia | Widespread | Mid June | Sun; Road, Clearing, Field | | |
| 70 | Clover, White | Trifolium repens | Widespread | Mid June | Sun; Road, Clearing, Field | | |
| 71 | Clover, White Sweet* | Melilotus albus | Widespread | Mid July | Sun; Road, Clearing, Field | | |
| 72 | Clover, Yellow Hop* | Trifolium campestre | Widespread | Late June | Sun; Road, Clearing, Field | | |
| 73 | Coltsfoot†* | Tussilago farfara | Widespread | Mid April | Sun; Road, Clearing, Field | | |
| 74 | Columbine, Garden* | Aquilegia vulgaris | Spotty | Early June | Shade; Trail | Arboretum, West | Lat: 44.860; Lon: -68.740 |
| 75 | Columbine, Wild | Aquilegia canadensis | Uncommon | Late May | Sun/Shade; Meadow/Road | Main, Kittredge Rd., Shannon | |
| 76 | Coneflower, Tall | Rudbeckia laciniata | Uncommon | Mid August | Sun/Shade; Road | Tripp | |
| 77 | Coralroot, Early | Corallorhiza trifida | Spotty | Mid May | Shade; Moist Woodlands | East | |
| 78 | Cow-wheat | Melampyrum lineare | Spotty | Mid-July | Shade; Trail, Woodlands | Bobcat, Grouse, Moose, | |
| 79 | Cranberry, Little | | | | | | |
| 80 | Cress, Bitter | Cardamine pensylvanica | Spotty | Early June | Shade; Moist Trailside | Bog, East | Lat: 44.874; Lon: -68.738 |
| 81 | Cress, True Water | Rorippa nasturtium-aquaticum | Spotty | Mid-May | water | Kitteredge Road, Rabbit | |
| 82 | Cuckoo Flower† | Cardamine pratensis | Spotty | Mid May | Sun; Wet | Arboretum, Kittredge Parking Lot | |
| 83 | Cucumber, Wild | Echinocystis lobata | Spotty | Mid August | Sun; Road, Clearing, Field | Arboretum, Main | |
| 84 | Daisy, Oxeye* | Leucanthemum vulgare | Widespread | Mid June | Sun; Road, Clearing, Field | | |
| 85 | Dame's Rocket†* | Hesperis matronalis | Spotty | Early June | Shade | Arboretum, Kittredge Road Parking Lot | Lat: 44.857; Lon: -68.736 |
| 86 | Dandelion, Common* | Taraxacum officinale | Widespread | Early May | Sun; Road, Clearing, Field | | |
| 87 | Dandelion, Fall* | Leontodon autumnalis | Common | Late August | Sun; Road, Clearing, Field | Arboretum, Loop, Main, West | |
| 88 | Dangleberry** | Gaylussacia frondosa | Uncommon | May | Sun; Road, Clearing, Field | Arboretum | |
| 89 | Dew-Drop | Dalibarda repens | Common | Early July | Shade; Trail, Woodlands | Bog, Bear, Bobcat, East, Hare, Lynx | |
| 90 | Dewberry, Swamp | Rubus hispidus | Widespread | Mid July | Sun; Road | | Lat: 44.750; Lon: -68.859 |
| 91 | Dock, Curled* | Rumex crispus | Widespread | Mid July | Sun; Road, Clearing, Field | | |
| 92 | Dock, Swamp | Rumex verticillatus | Common | Late August | Shade/Wet/Bog | Bog | Lat: 44.864; -68.731 |
| 93 | Dogbane, Spreading | Apocynum androsaemifolium | Spotty | Early July | Sun/Shade; Road | Main, Tripp | |
| 94 | Dogwood, Alternate-Leaved** | Cornus alternifolia | Uncommon | Early July | Sun/Shade; Road, Trail | West | |
| 95 | Dogwood, Red-osier** | Cornus sericea | Common | Early June | Shade; Road, Trail | Arboretum, Bog, Shannon, Tripp | Lat: 44.854; Lon: -68.773 |
| 96 | Elder, Common** | Sambucus canadensis | Spotty | Late June | Sun; Road | Arboretum, Bobcat, Shannon | |
| 97 | Elder, Red Berried ** | Sambucus pubens | Uncommon | Mid May | Shade | Kittredge Parking Lot | |
| 98 | Enchanter's Nightshade, Dwarf | Circaea alpina | Uncommon | Late June | Shade | East | |
| 99 | Evening Primrose, Common | Oenothera biennis | Common | Mid August | Sun; Trail | Arboretum, East, Rabbit, Shannon, West, | |
| 100 | Everlasting, Pearly | Anaphalis margaritacea | Widespread | Late July | Sun; Road, Clearing, Field | | |
| 101 | Eyebright spp. | Euphrasia spp. | Spotty | Early September | Sun; Road | Arboretum, East, Loop | |
| 102 | Fireweed | Chamerion angustifolium | Common | Late June | Sun/Shade; Trail | Loop, West | |
| 103 | Fleabane, Common | Erigeron philadelphicus | Common | Late June | Sun; Road | Loop, West | |
| 104 | Fleabane, Daisy | Erigeron strigosus | Widespread | Early July | Sun; Road, Clearing, Field | | |
| 105 | Fleabane, Lesser Daisy | Erigeron | Spotty | Late July | Sun; Road, Clearing, Field | Arboretum, Main | Lat: 44.860; Lon: -68.740 |
| 106 | Foam Flower | Tiarella cordifolia | Spotty | Late May | Sun/Shade; Road, Trail | Bog, East, Main | |
| 107 | Forget-Me-Not, True* | Myosotis scorpioides | Uncommon | Mid May | Shade | Loop | |
| 108 | Foxglove* | Digitalis spp. | Uncommon | Late July | Sun/Shade; Road | Loop | Lat: 44.868; Lon: -68.745 |
| 109 | Fringed Polygala | Polygala paucifolia | Widespread | Late May | Shade; Trail, Road | | |
| 110 | Gentian, American Spurred | Halenia deflexa | Spotty | Mid August | Sun/Shade; Road, Trail | East, Loop, Main | |
| 111 | Glory of the Snow* | Chionodoxa luciliae | Uncommon | Early May | Shade; Trail | Loop | Lat: 44.868; Lon: -68.745 |
| 112 | Goatsbeard, Yellow | Tragopogon dubius | Common | Mid June | Sun; Road, Clearing, Field | Arboretum, Loop, Main, Shannon, Tripp, | |
| 113 | Goldenrod, Canada | Solidago canadensis | Widespread | Late July | Sun; Road, Clearing, Field | | |
| 114 | Goldenrod, Downy | Solidago puberula | Widespread | Mid August | Sun; Road, Clearing, Field | | |
| 115 | Goldenrod, Early | Solidago juncea | Spotty | Late July | Sun; Road | Main | |
| 116 | Goldenrod, Lance-leaved | Solidago graminifolia | Spotty | Late July | Sun; Road, Clearing, Field | Arboretum, Loop, Main | |
| 117 | Goldenrod, Rough Stemmed | Solidago rugosa | Widespread | Mid August | Sun; Road | | |
| 118 | Goldthread | Coptis trifolia | Widespread | Early May | Shade; Trail, Woodlands | | Lat: 44.866; Lon: -68.731 |
| 119 | Hawkweed, Canada | Hieracium canadense | Uncommon | Mid August | Sun/Shade; Road, Trail | Main/East | Lat: 44.858; Lon: -68.736 |
| 120 | Hawkweed, Field* | Hieracium caespitosum | Widespread | Mid June | Sun; Road, Clearing, Field | | |
| 121 | Hawkweed, Mouse-Eared* | Hieracium pilosella | Uncommon | Mid June | Sun; Road | Main | |
| 122 | Hawkweed, Orange | Hieracium aurantiacum | Common | Mid June | Sun; Road, Clearing, Field | Arboretum, Loop, Main, Rabbit, West | |

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| 123 | Hawkweed, Rough | Hieracium | Spotty | Mid August | Shade; Road | Main | |
| 124 | Hawthorn, spp.** | Crataegus spp. | Uncommon | | Sun; Road, Clearing, Field | Arboretum | |
| 125 | Hazel, American Witch | Hamamelis virginiana | Uncommon | Early October | Shade; Moist Trailside | Bog | |
| 126 | Hazelnut, Beaked** | Corylus cornuta | Widespread | Mid April | Shade; Moist Trailside | | |
| 127 | Helleborine* | Epipactis helleborine | Widespread | Late July | Shade; Moist Trailside | | |
| 128 | Hemp Nettle | Galeopsis tetrahit* | Spotty | Mid July | Shade; Road, Trail | Arboretum | |
| 129 | Henbit | Lamium amplexicaule | Spotty | Early May | Sun/Shade; Meadow/Road | Arboretum | |
| 130 | Honeysuckle, American Fly ** | Lonicera canadensis | Spotty | Early May | Sun/Shade; Trails | East, Main, Rabbit | Lat: 44.850; Lon: -68.737 |
| 131 | Honeysuckle, Mountain Fly ** | Lonicera villinosa | Uncommon | Mid May | Sun; Water | Orono RailRoad Bed | |
| 132 | Honeysuckle, Northern Bush** | Diervilla lonicera | Common | Mid June | Sun; Road, Clearing, Field | Arboretum, East, Loop, Main, Shannon, West, | |
| 133 | Honeysuckle, spp.†** * | Lonicera spp. | Common | Early June | Sun/Shade; Road, Trail | Arboretum, East, Shannon, Tripp | |
| 134 | Honeysuckle, Tartarian.†** * | Lonicera tatarica | Spotty | Early June | Shade; Moist Trailside | Kittredge Rd., West | Lat: 44.750; Lon: -68.859 |
| 135 | Horsetail | Equisetum arvense | Widespread | Early May | Shade; Trail, Woodlands | | Lat: 44.866; Lon: -68.731 |
| 136 | Horseweed* | Conyza canadensis | Spotty | Mid August | Sun; Road, Clearing, Field | Loop, Rabbit | |
| 137 | Huckleberry, Black | Gaylussacia baccata | Spotty | Mid May | Sun; Wet | Orono RailRoad Bed | |
| 138 | Indian Blanketflower | Gaillardia pulchella | Uncommon | Mid July | Sun; Road, Clearing, Field | Loop | |
| 139 | Indian Cucumber Root | Medeola virginiana | Common | Early June | Shade; Trail, Woodlands | Bobcat, Bog, Kitteredje Parking Lot, West | Lat: 44.858; Lon: -68.735 |
| 140 | Indian Pipe | Monotropa uniflora | Common | Late July | Shade; Moist Trailside | Bog, East, Moose | |
| 141 | Indian Tobacco | Lobelia inflata | Common | Late July | Shade; Moist Trailside | Arboretum, Deer, East, Rabbit, West | |
| 142 | Iris, Large Blueflag | Iris versicolor | Common | Mid June | Sun; Road, Wet Meadows | Bog, Loop, Main, Shannon, Tripp | |
| 143 | Jack in the Pulpit | Arisaema triphyllum | Common | Early June | Shade; Road | Arboretum, Bog, Main, Shannon, West | |
| 144 | Jewelweed, Spotted | Impatiens capensis | Common | Late July | Shade | Kittredge Parking Lot, Main, Shannon, Tripp | |
| 145 | Knotweed, Japanese†* | Fallopia japonica | Uncommon | Late August | Sun; Road | Kittredge Road | |
| 146 | Labrador Tea** | Rhododendron groenlandicum | Common | Early June | Shade; Trail, Woodlands | Bear, Bog, West, Railroad Bed | Lat: 44.862; Lon: -68.744 |
| 147 | Lady Slipper, Pink | Cypripedium acaule | Widespread | Late May | Sun/Shade; Road, Trail | | |
| 148 | Laurel, Sheep** | Kalmia angustifolia | Common | Late June | Shade | Bog, East, Main, Shannon, Squirrel, Trip, West, | Lat: 44.864; Lon: -68.731 |
| 149 | Leatherleaf** | Chamaedaphne calyculata | Spotty | Early May | Bog | Loop, Bear | |
| 150 | Lettuce, Wild | Lactuca canadensis | Common | Mid July | Sun; Clearing | East, Loop, Main, Shannon, | Lat: 44.852; Lon: -68.735 |
| 151 | Lilly | Liliaceae | Uncommon | | Sun/Shade; Wet Meadows, Bog: | Arboretum | |
| 152 | Locust, Black** * | Robinia pseudoacacia | Spotty | Mid June | Sun; Road, Clearing, Field | Kitteredje Road, Main | |
| 153 | Loosestrife, Fringed | Lysimachia ciliata | Uncommon | Late July | Shade | Main | Lat: 44.858; Lon: -68.736 |
| 154 | Loosestrife, Purple†* | Lythrum salicaria | Widespread | Early July | Sun; Road, Clearing, Field | | |
| 155 | Loosestrife, Tufted | Lysimachia thysiflora | Spotty | Mid June | Shade;Wet/Bog | Bog Brook | |
| 156 | Loosestrife, Yellow | Lysimachia terrestris | Uncommon | Mid July | Sun; Road, Wet Meadows | Arboretum | |
| 157 | Lupine* | Lupinus spp. | Spotty | Early June | Sun; Road, Clearing, Field | Loop | |
| 158 | Maleberry** | Lyonia ligustria | Spotty | Late June | Sun/Shade; Road, Trail | Bog, West | |
| 159 | Mallow, Musk* | Malva muschata | Spotty | Mid July | Sun; Road, Clearing, Field | Loop, Main | |
| 160 | Mayflower, Canada | Maianthemum canadense | Widespread | Late May | Shade; Trail, Woodlands | | |
| 161 | Meadow Rue, Tall | Thalictrum polygamum | Common | Mid July | Sun/Shade; Road | Arboretum, Bog, Shannon, Tripp | |
| 162 | Meadow Sweet | Filipendula ulmaria | Widespread | Late July | Sun/Shade; Trail, Woodlands | | |
| 163 | Milkweed, Common | Asclepias syriaca | Spotty | Early July | Sun; Road, Clearing, Field | Dump Hill, Shannon, Tripp, West | |
| 164 | Mugwort, Common | Artemisia vulgaris | Widespread | Early August | Sun; Road, Clearing, Field | | |
| 165 | Mullein, Common* | Verbascum thapsus | Common | Mid July | Shade; Road | Arboretum, Deer, Loop, Shannon, Tripp, West | |
| 166 | Mustard, Black | Brassica nigra | Uncommon | Late July | Sun; Road, Clearing, Field | Kittredge Road | Lat: 44.856; Lon: -68.740 |
| 167 | Mustard, Garlic†* | Alliaria petiolata | Uncommon | Late May | Sun; Road, Clearing, Field | Kittredge Road | |
| 168 | Nightshade, Bittersweet* | Solanum dulcamara | Common | Mid June | Sun/Shade | Arboretum, Kittredge Parking Lot, West | |
| 169 | Nippelwort* | Lapsana communis | Uncommon | Late June | Sun/Shade; Road, Trail | Kitteredje Parking Lot | Lat: 44.857; Lon: -68.736 |
| 170 | Orchis, Ragged Fringed | Platanthera lacera | Uncommon | Early August | Sun/Shade; Road | Main | |
| 171 | Parsnip, Water | Sium suave | Spotty | Late July | Sun/Shade; Road | Bog, Shannon, Tripp | |
| 172 | Parsnip, Wild* | Pustina sativa | Spotty | Late July | Shade | Arboretum, Kittredge Parking Lot | |
| 173 | Partridgeberry | Mitchella repens | Widespread | Early July | Shade; Trail, Woodlands | | |
| 174 | Phlox, Garden* | Phlox paniculata | Uncommon | Mid August | Sun; Road | Loop | |
| 175 | Pineapple weed | Matricaria matricarioides | Widespread | Late July | Sun; Road | | |
| 176 | Pink, Deptford* | Dianthus armeria | Uncommon | Mid September | Sun; Road, Clearing, Field | Kitteredje Road | |
| 177 | Plantain, Common* | Plantago major | Widespread | June | Sun; Road | | |
| 178 | Plantain, Large Water | Alisma triviale | Spotty | Late July | Pond | Arboretum, Bog, Main | Lat: 44.848; Lon: -68.740 |
| 179 | Poison Ivy | Toxicodendron radicans | Widespread | Mid June | Shade; Trail, Woodlands | | |
| 180 | Pussytoes, Field | Antennaria neglecta | Uncommon | Early June | Sun; Road, Clearing, Field | Kitteredje Road Orono RR Bed | |
| 181 | Pyrola, Round-leaf | Pyrola americana | Spotty | Mid July | Shade; Trail, Woodlands | Grouse, Main, West | Lat: 44.874; Lon: -68,741 |
| 182 | Queen Annes Lace* | Daucus carota | Widespread | Mid August | Sun; Road, Clearing, Field | | |
| 183 | Ragweed, Common | Ambrosia artemisiifolia | Widespread | Late August | Sun; Road, Clearing, Field | | |

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| 184 | Ragwort | Senecio | Uncommon | Mid-June | Shade; Moist Woodlands | Kitteredge Road | |
| 185 | Raspberry | Rubus | Widespread | Mid June | Sun/Shade; Road, Trail | | |
| 186 | Raspberry, Dwarf | Rubus pubescens | Common | Mid May | Shade;Wet/Bog | East, Moose, Kitteredge Parking Lot, | |
| 187 | Rattle, Yellow | Rhinanthus minor | Spotty | Mid June | Sun; Road, Clearing, Field | Dump Hill, Loop | |
| 188 | Rattlesnake-Root, Tall | Nabalus vltissimus | Common | Early August | Shade; Trail, Woodlands | Bobcat, East, Loop, Main, West | |
| 189 | Rhodora ** | Rhododendron canadense | Widespread | Late May | Sun; Trail | | |
| 190 | Ribes/Prickly Gooseberry** | Ribes cynosbati | Uncommon | Late May | Share; Trail, Woodlands | Main | |
| 191 | Ribes/Skunk Currant** | Ribes glandulosum | Common | Mid May | Streamside, Wet Areas | Kitteredge Road, Rabbit, East, West | |
| 192 | Rocket, Yellow * | Barbarea vulgaris | Widespread | Mid May | Sun; Road, Clearing, Field | | |
| 193 | Rose, Multiflora†*** * | Rosa multiflora | Spotty | Early July | Sun; Road | East, Loop, Shannon | Lon: 44.864 Lat: -68.729 |
| 194 | Rose, Rugosa *** * | Rosa rugosa | Spotty | June | Sun; Road | Arboretum | |
| 195 | Rose, Shining | Rosa nitida | Uncommon | Late June | Shade; Trail, Woodlands | Bog | |
| 196 | Rosemary, Bog | | | | | | |
| 197 | Sarsaparilla, Bristly | Aralia hispida | Spotty | Mid July | Sun; Road | Loop, Tripp | Lat: 44.864; -68.747 |
| 198 | Sarsaparilla, Wild | Aralia nudicaulis | Widespread | Late May | Shade; Trail, Woodlands | | |
| 199 | Selfheal | Prunella vulgaris | Widespread | Late July | Sun/Shade; Trails | | |
| 200 | Shadbush, spp.** | Amelanchier spp. | Common | Mid May | Sun/Shade; Road, Trail | Loop | |
| 201 | Sheppards Purse | Capsella bursa-pastoris | Uncommon | Late July | Sun; Road | Kitteredge Parking Lot | Lat. 44.857; -68.736 |
| 202 | Siberia Spring Beauty* | Scilla spp. | Spotty | Early May | Sun; Road, Wet Meadows | Aboretum, Loop | |
| 203 | Silverrod | Solidago bicolor | Widespread | Mid August | Sun/Shade; Road, Trail | | |
| 204 | Skullcap, Mad-dog | Scutellaria lateriflora | Spotty | August | Shade; Moist Trailside | Bear, Moose | |
| 205 | Skullcap, Marsh | Scutellaria galericulata | Spotty | Early June | Shade | Arboretum, Kittredge Parking Lot | |
| 206 | Skunk Cabbage | Symplocarpus foetidus | Widespread | Early April | Shade/Wet/Bog | | Lat: 44.866; Lon: -68.728 |
| 207 | Smartweed | Polygonum sp. | Uncommon | Late July | Sun/Shade; Road | Kitteredge Parking Lot | |
| 208 | Snapdragon, Dwarf* | Chaenorrhinum minus | Uncommon | Late June | Sun; Road | Aboretum | |
| 209 | Snowberry, creeping | Gaultheria hispida | Uncommon | Mid May | Shade; Moist Trailside, Bog | Bear, Moose | |
| 210 | Snowdrop* | Galanthus nivalis | Spotty | Late April | Shade; Trail | Arboretum, Loop | Lat: 44.868; Lon: -68.745 |
| 211 | Solomon's Seal, Three-Leaved | Smilacina Trifolia | Spotty | Late May | Shade/Wet/Bog | Bog, Loop | |
| 212 | Solomon's Seal, False | Maianthemum racemosum | Spotty | Early June | Shade; Trail, Road | Main, Orono RR Bed, West | Lat: 44.589; Lon: -68.738 |
| 213 | Solomon's Seal, Hairy | Polygonatum pubescens | Spotty | Early June | Shade; Trail | East | |
| 214 | Speedwell spp. | Veronica spp. | Uncommon | Early June | Sun; Road, Clearing, Field | Arboretum | |
| 215 | Speedwell, Common | Veronica officinalis | Spotty | Mid June | Shade; Road | Arboretum, Main | |
| 216 | Speedwell, Marsh | Veronica scutellata | Spotty | Early June | Sun/Shade; Road, Trail | Arboretum, Bog | |
| 217 | Speedwell, Thyme Leaved* | Veronica serpyllifolia | Uncommon | Late May | Sun/Shade; Meadow/Road | Tripp | |
| 218 | Spirea, spp. | Spirea, spp | Uncommon | Early July | Shade; Moist Trailside | Moose | |
| 219 | St. John's Word, Virginia-marsh | Triadenum virginicum | Uncommon | Mid July | Sun/Shade; Wet Meadows, Bog | Bear | |
| 220 | St. Johns Wort, Common* | Hypericum perforatum | Widespread | Mid July | Sun; Road, Clearing, Field | | |
| 221 | Star Flower | Taraxacum officinale | Widespread | Mid May | Shade | | |
| 222 | Steeplebush | Spirea tomentosa | Spotty | Late July | Sun; Road | Bog, Loop, Shannon | |
| 223 | Stitchwort, spp. | Stellaria spp. | Common | Mid June | Sun; Road, Clearing, Field | Arboretum, Loop, Main, Shannon | |
| 224 | Stoncrop, Ditch | Penthorum sedoides | Spotty | Late August | Shade; Moist Trailside | Bog | |
| 225 | Strawberry, Wild | Fragaria virginiana | Widespread | Mid May | Sun/Shade; Road, Trail | | |
| 226 | Strawberry, Wood | Fragaria vesca | Widespread | Mid May | Sun/Shade; Road, Trail | | |
| 227 | Sumac, Staghorn** | Rhus typhina | Spotty | Early July | Sun/Shade; Road, Trail | Kittredge Parking Lot, Rabbit | Lat: 44.857; Lon: -68.736 |
| 228 | Sundrop | Oenothera fruticosa | Spotty | Early July | Sun/Shade; Meadow/Road | Arboretum, Loop | Lat: 44.870; Lon: -68.742 |
| 229 | Sweetfern** | Comptonia peregrina | Widespread | Late July | Sun/Shade; Road, Trail | | |
| 230 | Tansy* | Tanacetum vulgare | Widespread | Early August | Sun; Road, Clearing, Field | | |
| 231 | Tearthumb, Arrow-leaved | Tracaulon sagittatum. | Spotty | Mid August | Shade; Moist Trailside | Bear, Grouse, Moose | |
| 232 | Tearthumb, Halberd-leaved | Tracaulon sagittatum. | Widespread | Mid August | Shade; Moist Trailside | | |
| 233 | Thistle, Bull†* | Cirsium vulgare | Widespread | Mid August | Sun; Road | | |
| 234 | Thistle, Canada†* | Cirsium arvense | Widespread | Mid July | Sun; Road, Clearing, Field | | |
| 235 | Thistle, Field Sow* | Sonchus arvensis | Widespread | Mid July | Sun; Road, Clearing, Field | | |
| 236 | Trefoil, Bird's-foot* | Lotus corniculatus | Widespread | Mid June | Sun; Road, Clearing, Field | | |
| 237 | Trillium, Painted | Trillium undulatum | Widespread | Mid May | Shade; Trail, Woodlands | | |
| 238 | Trillium, Red | Trillium erectum | Uncommon | Early May | Shade; Trail, Woodlands | East | |
| 239 | Turtlehead | Chelone glabra | Common | Early August | Sun; Road, Wet Meadows | Bear, Bog, Main, Moose, Tripp, West | |
| 240 | Twin Flower | Linnaea borealis | Widespread | Mid June | Sun/Shade; Road, Trail | | |
| 241 | Valerian, Garden* | Valeriana officinalis | Widespread | Early July | Sun; Road, Clearing, Field | | |
| 242 | Vervain, Blue | Verbena hastata | Uncommon | Mid July | Shade; Trail | East/Bog Entrance | |
| 243 | Vetch, Cow* | Vicia cracca | Widespread | Mid June | Sun; Road, Clearing, Field | | |
| 244 | Vetch, Crown* | Securigera varia | Widespread | Late June | Sun; Road, Clearing, Field | | |

Wildflowers Shrubs of the Bangor City Forest 2019

| | A | B | C | D | E | F | G |
|-----|--------------------------|---------------------------------|---|--------------|---|--|---------------------------|
| 245 | Vetch, Spring* | Vicia sativa | Uncommon | Early June | Sun/Shade; Road | Shannon | Lat: 44.857; Lon: -68.754 |
| 246 | Viburnum, Arrowwood** | Viburnum recognitum | Spotty | Early June | Shade; Moist Trailside | Arboretum, East, Kittredge Parking Lot, Main | |
| 247 | Viburnum, Black Haw** | Viburnum prunifolium | Spotty | Mid June | | Tripp, West | |
| 248 | Viburnum, Highbush | Viburnum trilobum | Uncommon | Mid June | Sun; Clearing | Arboretum | |
| 249 | Viburnum, Maple-leaved** | Viburnum acerifolium | Spotty | Early June | Shade; Moist Trailside | Bobcat, East, Rabbit, Main | Lat: 44.863; Lon: -68.740 |
| 250 | Viburnum, Sweet** | Viburnum lentago | Uncommon | Mid June | Sun; Road, Wet Meadows | Arboretum, West | |
| 251 | Viburnum, Witherod** | Viburnum nudum var. cassinoides | Widespread | Early June | Shade; Moist Trailside | | |
| 252 | Violet, American Dog | Viola labradorica | Spotty | Mid May | Sun/Shade; Road | Main | |
| 253 | Violet, Canada | Viola canadensis | Uncommon | Mid May | Sun; Road | Loop | |
| 254 | Violet, Marsh Blue | Viola cucullata | Spotty | Early June | Shade; Moist Trailside/Water | East, West | Lat: 44.861; Lon: -68.742 |
| 255 | Violet, Northern Blue | Viola septentrionalis | Widespread | Mid May | Sun/Shade; Road | | |
| 256 | Violet, Northern White | Viola macloskeyi var. pallens | Widespread | Early May | Sun/Shade; Road, Trail | | Lat: 44.866; Lon: -68.731 |
| 257 | Violet, Primrose leave | | | | | | |
| 258 | Virgin's Bower | Clematis virginiana | Spotty | Late July | Sun/Shade; Road | Main, Kittredge Rd., Shannon | Lat: 44.866; Lon: -68.630 |
| 259 | Virginia Creeper | Parthenocissus quinquefolia | Spotty | | Arboretum, Main Road | | |
| 260 | Wild Calla | Calla palustris | Common | Early June | Water | Loop, Tripp, West | |
| 261 | Willow, Pussy** | Salix discolor | Common | Early April | Arboretum, Penjajawoc, | Arboretum, Kittredge Rd., Penjajawoc Flowage | |
| 262 | Willowherb, Northern | Epilobium glandulosum | Spotty | Mid August | Shade; Moist Trailside | Bog, East, Raccoon | |
| 263 | Willowherb, Purpleleaf | Epilobium coloratum | Spotty | Mid August | Shade/Wet/Bog | Bog, Arboretum | Lat: 44.856; Lon: -68.739 |
| 264 | Winterberry** | Ilex verticillata | Common | Early July | Shade; Moist Trailside | Bog, Tripp, West | |
| 265 | Wintergreen | Gaultheria procumbens | Widespread | Early August | Sun/Shade; Trail, Woodlands | | |
| 266 | Wood Sorrel, Yellow* | Oxalis stricta | Common | June | Sun/Shade; Road | Arboretum, Main, Rabbit, Shannon, West | |
| 267 | Wormseed, Yellow | Erysimum cheiranthoides | Spotty | Late July | Sun; Road, Clearing, Field | Arboretum, Kittredge Parking Lot | |
| 268 | Yarrow* | Achillea millefolium | Widespread | Mid July | Sun; Road, Clearing, Field | | |
| 269 | Yellow Bird's-Nest | Hypopitys monotropa | Uncommon | Late June | Shade; Moist Trailside | Bobcat | Lat: 44.879; Lon: -68.740 |
| 270 | Yellow Pond Lily | Nuphar variegata | Uncommon | Early June | Sun; Wet | Pond | |
| 271 | | | | | | | |
| 272 | | | | | | | |
| 273 | | | | | | | |
| 274 | | | | | | | |
| 275 | | | Uncommon: 1 location | | Materials Used: Newcomb's Wildflower Guide , Spring Wildflowers of New England , Summer, and Fall Wildflowers of New England , hand lens. | Revised: 05/15/2019 | |
| 276 | | | Spotty: 2-5 locations | | | Contact Info: claredcole@icloud.com | |
| 277 | | | Common: 6-15 locations | | | | |
| 278 | | | Widespread: 16+ locations | | | | |
| 279 | | | *Non-native (Newcomb's Wildflower Guide) | | | | |
| 280 | | | **Shrub | | | | |
| 281 | | | † Invasive (Bulletin #2536, Invasive Plants Threaten Maine's Natural Treasures and Maine Invasive Plant Fact Sheets). | | | | |
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Capstone project completed by Clare Dellwo Cole for the Maine Master Naturalist course. **Wildflowers and Shrubs of Bangor City Forest** is a work in progress and subject to change. The parameters shown in the spread sheet; distribution, bloom period, and location were chosen by the identifier and represent her personal observations. Field work started in June 2013 and is continuing into 2019.