

Wildflowers and Shrubs of the Bangor City Forest

Common Flower Name	Latin Name	Distribution	Bloom	Location	Trail/Road	Latitude and Longitude
Alder, Speckled**	<i>Alnus rugosa</i>	Widespread	Late April	Sun/Shade; Road, Trail		
Anemone, Wood	<i>Anemone quinquefolia</i>	Spotty	Mid May	Shade; Moist Trailside	East, Loop, Shannon	Lat: 44.865; Lon: -68.723
Arbutus, Trailing	<i>Epigaea repens</i>	Widespread	Early May	Shade; Moist Trailside		Lat: 44.879; Lon: -68.739
Arrowhead, White	<i>Sagittaria latifolia</i>	Uncommon	Mid August	Water	Kittredge Rd.	
Artichoke, Jerusalem	<i>Helianthus tuberosus</i>	Uncommon	Late August	Field	Loop	
Aster, Arrow-Leaved	<i>Symphyotrichum urophyllum</i>	Spotty	Late August	Sun; Clearing	Grouse, Loop, Main	
Aster, Bushy	<i>Symphyotrichum dumosum</i>	Spotty	September	Sun; Road, Clearing, Field	Arboretum	
Aster, Flat Topped	<i>Doellingeria umbellata</i>	Widespread	Mid August	Sun/Shade; Road		
Aster, Heart Shaped	<i>Symphyotrichum cordifolium</i>	Spotty	Late August	Sun/Shade; Road, Trail	East, Kittredge Parking Lot, Main, West	
Aster, Large Leaved	<i>Eurybia macrophylla</i>	Common	Early September	Sun/Shade; Road, Trail	Loop, Main, Tripp, West	
Aster, New England	<i>Symphyotrichum novae-angliae</i>	Spotty	Mid September	Sun; Road, Clearing, Field	Arboretum, Loop, Main, Shannon	
Aster, New York	<i>Symphyotrichum novi-belgii</i>	Spotty	Late August	Sun/Shade; Road	Arboretum, Main, Shannon, Tripp	
Aster, Panicked	<i>Symphyotrichum lanceolatum</i>	Spotty	Early September	Sun/Shade; Road	Arboretum, Kittredge Parking Lot, Shannon, Tripp	
Aster, Rough Wood	<i>Eurybia radula</i>	Common	Late August	Shade/Wet/Bog	Bog	Lat: 44.871; Lon: -68.737
Aster, Small White	<i>Symphyotrichum racemosum</i>	Widespread	Mid August	Sun/Shade; Road		
Aster, White Wood	<i>Eurybia divaricata</i>	Spotty	Early September	Sun/Shade; Road, Trail	Deer, Rabbit	
Aster, Whorled Wood	<i>Oclemena acuminata</i>	Widespread	Early August	Shade; Trail		
Avens, Rough	<i>Geum laciniatum</i>	Uncommon	Early July	Sun; Road	Tripp	Lat: 44.866; Lon: -68.730
Avens, Water	<i>Geum rivale</i>	Uncommon	Early June	Sun; Road, Wet Meadows	East, Tripp	
Avens, Yellow	<i>Geum aleppicum</i>	Spotty	Late June	Sun/Shade; Road	East, Kittredge Parking Lot, Rabbit, Shannon	Lat: 44.866; Lon: -68.730
Baneberry, Red		Uncommon		Shade; Moist Trailside	West	
Bedstraw spp./Wild Madder	<i>Galium spp.</i>	Widespread	Mid June	Sun; Road		
Bedstraw, Clayton's	<i>Galium tinctorium</i>	Uncommon	Early July	Shade; Moist Trailside	Bog	Lat: 44.863; Lon: -68.731
Bedstraw, Yellow*	<i>Galium verum</i>	Uncommon	Early July	Sun; Road	Shannon	
Beggar-Tick	<i>Bidens frondosa</i>	Widespread	August	Shade; Moist Trailside	Bear, Bobcat, Bog, Deer, West	
Bellflower, Creeping*	<i>Campanula rapunculoides</i>	Common	August	Sun; Road, Clearing, Field	Arboretum, East, Loop, Rabbit, Main, Shannon, West,	
Bellwort, Sessile Leaved	<i>Uvularia sessilifolia</i>	Common	Mid May	Shade; Road, Trail	Bog, East, Main, Tripp	
Bindweed, Fringed	<i>Fallopia cilioidis</i>	Spotty	Mid July	Sun/Shade; Road	Arboretum, Loop	
Bindweed, Hedge	<i>Calystegia sepium</i>	Spotty	Mid July	Sun/Shade; Road	Kitteredge Road	
Bittersweet, Asiatic†*	<i>Celastrus orbiculata</i>	Uncommon		Sun/Shade; Road	Main	
Black Snakeroot	<i>Sanicula marilandica</i>	Uncommon		Shade; Moist Trailside	West	
Black-eyed Susan	<i>Rudbeckia hirta</i>	Common	Mid July	Sun; Road, Clearing, Field	Arboretum, Loop, Main,	
Blackberry	<i>Rubus allegheniensis</i>	Widespread	Mid June	Sun/Shade; Road, Trail		
Blue-Eyed Grass, Eastern	<i>Sisyrinchium atlanticum</i>	Widespread	Early June	Sun; Road		
Blueberry, Early Low **	<i>Vaccinium angustifolium</i>	Widespread	Late May	Sun/Shade; Trail		
Blueberry, Highbush**	<i>Vaccinium corymbosum</i>	Spotty	Early June	Sun/Shade; Trail	Bear, Bobcat, Grouse, Bog, Deer	Lat: 44.860; Lon -68.740
Bluet	<i>Houstonia caerulea</i>	Widespread	Mid May	Sun; Road, Clearing, Field		
Boneset	<i>Eupatorium perfoliatum</i>	Spotty	Mid July	Shade; Trail, Woodlands	Bog, Loop, Shannon, Tripp	
Bugle(Ajuga)*	<i>Ajuga reptans</i>	Uncommon	Late May	Shade	Kittredge Parking Lot	
Bugleweed, Northern	<i>Lycopus uniflorus</i>	Widespread	Mid August	Shade; Moist Trailside, Bog		
Bunchberry	<i>Chamaepericlymenum canadense</i>	Widespread	Late May	Shade; Trail, Woodlands		
Bur Marigold, Nodding	<i>Bidens cernua</i>	Common	Late August	Shade/Wet/Bog	Kittredge Rd., Bog,	Lat: 44.864; -68.731
Bur-weed, Branching	<i>Sparganium erectum</i>	Spotty	Early July	Pond	Arboretum, Bog	
Burdock, Common*	<i>Arctium minus</i>	Widespread	Mid August	Sun; Road, Clearing, Field		
Butter and Eggs*	<i>Linaria vulgaris</i>	Spotty	Mid August	Sun; Road	Arboretum, Loop, Main, Shannon	
Buttercup, Tall*	<i>Ranunculus acris</i>	Widespread	Early June	Sun; Road, Clearing, Field		
Buttercup, spp	<i>Ranunculus spp</i>	Uncommon	Late May	Shade; Moist Woodlands	Aboretum	
Campion, Bladder*	<i>Silene vulgaris</i>	Spotty	Mid June	Sun; Road, Clearing, Field	Deer, Loop, Main/Rabbit,	
Campion, White*	<i>Silene latifolia</i>	Spotty	Late June	Sun; Road, Clearing, Field	Loop, Main/Rabbit	
Catnip	<i>Nepeta cataria</i>	Uncommon	Late July	Sun; Road, Clearing, Field	Kittredge Road	Lat: 44.856; Lon: -68.740
Cattail, Common	<i>Typha latifolia</i>	Common	Early July	Sun; Water	Pond	
Chamomile, Wild*	<i>Matricaria recutita</i>	Spotty	Late June	Sun; Road	Arboretum, Loop, Rabbit	
Cherry, Choke**	<i>Prunus virginiana</i>	Spotty	Late May	Sun/Shade; Road, Trail	Tripp, Arboretum	
Chickweed, spp.*	<i>Cerastium spp.</i>	Spotty	Mid June	Sun; Road	Arboretum	
Chicory*	<i>Cichorium intybus</i>	Widespread	Early July	Sun; Road, Clearing, Field		
Chokeberry, Purple**	<i>Aronia prunifolia</i>	Uncommon	Late May	Sun/Shade; Wet Meadows, Bogs	Loop, Moose	
Cinquefoil, Common	<i>Potentilla simplex</i>	Widespread	Mid June	Sun; Road, Clearing, Field		

Common Flower Name	Latin Name	Distribution	Bloom	Location	Trail/Road	Latitude and Longitude
Alder, Speckled**	<i>Alnus rugosa</i>	Widespread	Late April	Sun/Shade; Road, Trail		
Cinquefoil, Rough	<i>Potentilla norvegica</i>	Spotty	Late July	Sun/Shade; Road	Loop, Main, Rabbit, Tripp, West,	
Cinquefoil, Rough Fruited*	<i>Potentilla recta</i>	Common	Early July	Shade	Arboretum, East, Loop Main, Shannon,	
Cinquefoil, Silver	<i>Potentilla, argentea</i>	Uncommon	Early June	Sun/Shade; Road	Shannon	
Clintonia, Yellow	<i>Clintonia borealis</i>	Widespread	Late May	Sun; Road, Clearing, Field		
Clover, Alsake		Common	Mid-June	Sun; Road, Clearing, Field		
Clover, Rabbit Foot*	<i>Trifolium arvense</i>	Common	Late July	Sun; Road, Clearing, Field	Loop, Main, Tripp, Shannon	
Clover, Red*	<i>Securigera varia</i>	Widespread	Mid June	Sun; Road, Clearing, Field		
Clover, White	<i>Trifolium repens</i>	Widespread	Mid June	Sun; Road, Clearing, Field		
Clover, White Sweet*	<i>Melilotus albus</i>	Widespread	Mid July	Sun; Road, Clearing, Field		
Clover, Yellow Hop*	<i>Trifolium campestre</i>	Widespread	Late June	Sun; Road, Clearing, Field		
Coltsfoot†*	<i>Tussilago farfara</i>	Common	Late March	Sun; Road, Clearing, Field	Maine, Tripp	Lat: 44.848; Lon: -68.736
Columbine, Garden*	<i>Aquilegia vulgaris</i>	Spotty	Early June	Shade; Trail	Arboretum, West	Lat: 44.860; Lon: -68.740
Coneflower, Tall	<i>Rudbeckia laciniata</i>	Uncommon	Mid August	Sun/Shade; Road	Tripp	
Coralroot, Early	<i>Corallorhiza trifida</i>	Spotty	Mid May	Shade; Moist Woodlands	East	
Cow-wheat	<i>Melampyrum lineare</i>	Spotty	Mid-July	Shade; Trail, Woodlands	Grouse, Moose, Bobcat	
Cress, Bitter	<i>Cardamine pensylvanica</i>	Spotty	Early June	Shade; Moist Trailside	Bog, East	Lat: 44.874; Lon: -68.738
Cress, True Water	<i>Rorippa nasturtium-aquaticum</i>	Spotty	Mid-May	water	Kitteredge Road, Rabbit	
Cuckoo Flower†	<i>Cardamine pratensis</i>	Spotty	Mid May	Sun; Wet	Arboretum, Kittredge Parking Lot	
Cucumber, Wild	<i>Echinocystis lobata</i>	Spotty	Mid August	Sun; Road, Clearing, Field	Arboretum, Main	
Daisy, Oxeye*	<i>Leucanthemum vulgare</i>	Widespread	Mid June	Sun; Road, Clearing, Field		
Dame's Rocket†*	<i>Hesperis matronalis</i>	Spotty	Early June	Shade	Arboretum, Kittredge Road Parking Lot	Lat: 44.857; Lon: -68.736
Dandelion, Common*	<i>Taraxacum officinale</i>	Widespread	Early May	Sun; Road, Clearing, Field		
Dandelion, Fall*	<i>Leontodon autumnalis</i>	Common	Late August	Sun; Road, Clearing, Field	Arboretum, Loop, Main, West	
Dangleberry**	<i>Gaylussacia frondosa</i>	Uncommon	May	Sun; Road, Clearing, Field	Arboretum	
Dew-Drop	<i>Dalibarda repens</i>	Common	Early July	Shade; Trail, Woodlands	Bog, Bear, Bobcat, East, Hare, Lynx	
Dewberry, Swamp	<i>Rubus hispidus</i>	Widespread	Mid July	Sun; Road		Lat: 44.750; Lon: -68,859
Dock, Curled*	<i>Rumex crispus</i>	Widespread	Mid July	Sun; Road, Clearing, Field		
Dock, Swamp	<i>Rumex verticillatus</i>	Common	Late August	Shade/Wet/Bog	Bog	Lat: 44.864; -68.731
Dogbane, Spreading	<i>Apocynum androsaemifolium</i>	Spotty	Early July	Sun/Shade; Road	Main, Tripp	
Dogwood, Alternate-Leaved**		Uncommon	Early July	Sun/Shade; Road, Trail	West	
Dogwood, Red-osier**	<i>Cornus sericea</i>	Common	Early June	Shade; Road, Trail	Arboretum, Bog, Shannon, Tripp	Lat: 44.854; Lon: -68.773
Elder, Common**	<i>Sambucus canadensis</i>	Spotty	Late June	Sun; Road	Arboretum, Bobcat, Shannon	
Elder, Red Berried **	<i>Sambucus pubens</i>	Uncommon	Mid May	Shade	Kittredge Parking Lot	
Enchanter's Nightshade, Dwarf	<i>Circaea alpina</i>	Uncommon	Late June	Shade	East	
Evening Primrose, Common	<i>Oenothera biennis</i>	Common	Mid August	Sun; Trail	Arboretum, East, Rabbit, Shannon, West,	
Everlasting, Pearly	<i>Anaphalis margaritacea</i>	Widespread	Late July	Sun; Road, Clearing, Field		
Eyebright spp.	<i>Euphrasia spp.</i>	Spotty	Early September	Sun; Road	Arboretum, East, Loop	
Fireweed	<i>Chamerion angustifolium</i>	Common	Late June	Sun/Shade; Trail	Loop, West	
Fleabane, Common	<i>Erigeron philadelphicus</i>	Common	Late June	Sun; Road	Loop, West	
Fleabane, Daisy	<i>Erigeron strigosus</i>	Widespread	Early July	Sun; Road, Clearing, Field		
Fleabane, Lesser Daisy	<i>Erigon</i>	Spotty	Late July	Sun; Road, Clearing, Field	Arboretum, Main	Lat: 44.860; Lon: -68740
Foam Flower	<i>Tiarella cordifolia</i>	Spotty	Late May	Sun/Shade; Road, Trail	Bog, East, Main	
Forget-Me-Not, True*	<i>Myosotis scorpioides</i>	Uncommon	Mid May	Shade	Loop	
Foxglove*	<i>Digitalis spp.</i>	Uncommon	Late July	Sun/Shade; Road	Loop	Lat: 44.868; Lon: -68.745
Fringed Polygala	<i>Polygala paucifolia</i>	Widespread	Late May	Shade; Trail, Road		
Gentian, American Spurred	<i>Halenia deflexa</i>	Spotty	Mid August	Sun/Shade; Road, Trail	East, Loop, Main	
Glory of the Snow*	<i>Chionodoxa luciliae</i>	Uncommon	Early May	Shade; Trail	Loop	Lat: 44.868; Lon: -68.745
Goatsbeard, Yellow	<i>Tragopogon dubius</i>	Common	Mid June	Sun; Road, Clearing, Field	Arboretum, Loop, Main, Shannon, Tripp,	
Goldenrod, Canada	<i>Solidago canadensis</i>	Widespread	Late July	Sun; Road, Clearing, Field		
Goldenrod, Downy	<i>Solidago puberula</i>	Widespread	Mid August	Sun; Road, Clearing, Field		
Goldenrod, Early	<i>Solidago juncea</i>	Spotty	Late July	Sun; Road	Main	
Goldenrod, Lance-leaved	<i>Solidago graminifolia</i>	Spotty	Late July	Sun; Road, Clearing, Field	Arboretum, Loop, Main	
Goldenrod, Rough Stemmed	<i>Solidago rugosa</i>	Widespread	Mid August	Sun; Road		
Goldthread	<i>Coptis trifolia</i>	Widespread	Early May	Shade; Trail, Woodlands		Lat: 44.866; Lon: -68.731
Hawkweed, Canada	<i>Hieracium canadense</i>	Uncommon	Mid August	Sun/Shade; Road, Trail	Main/East	Lat: 44.858; Lon: -68.736
Hawkweed, Field*	<i>Hieracium caespitosum</i>	Widespread	Mid June	Sun; Road, Clearing, Field		

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Alder, Speckled**	<i>Alnus rugosa</i>	Widespread	Late April	Sun/Shade; Road, Trail		
Hawkweed, Mouse-Eared*	<i>Hieracium pilosella</i>	Uncommon	Mid June	Sun; Road	Main	
Hawkweed, Orange	<i>Hieracium aurantiacum</i>	Common	Mid June	Sun; Road, Clearing, Field	Arboretum, Loop, Main, Rabbit, West	
Hawkweed, Rough	<i>Hieracium</i>	Spotty	Mid August	Shade; Road	Main	
Hawthorn, spp.**	<i>Crataegus</i> spp.	Uncommon		Sun; Road, Clearing, Field	Arboretum	
Hazelnut, American**	<i>Corylus, americana</i>	Widespread	Late April	Sun/Shade; Road, Trail		
Hazelnut, Beaked**	<i>Corylus cornuta</i>	Uncommon		Shade; Moist Trailside	East	
Helleborine*	<i>Epipactis helleborine</i>	Widespread	Late July	Shade; Moist Trailside		
Hemp Nettle	<i>Galeopsis tetrahit*</i>	Spotty	Mid July	Shade; Road, Trail	Arboretum	
Henbit	<i>Lamium amplexicaule</i>	Spotty	Early May	Sun/Shade; Meadow/Road	Arboretum	
Honeysuckle, American Fly **	<i>Lonicera canadensis</i>	Spotty	Early May	Sun/Shade; Trails	East, Main, Rabbit	Lat: 44.850; Lon: -68.737
Honeysuckle, Northern Bush**	<i>Diervilla lonicera</i>	Common	Mid June	Sun; Road, Clearing, Field	Arboretum, East, Loop, Main, Shannon, West,	
Honeysuckle, spp.†*** *	<i>Lonicera</i> spp.	Common	Early June	Sun/Shade; Road, Trail	Arboretum, East, Shannon, Tripp	
Honeysuckle, Tartarian.†*** *	<i>Lonicera tatarica</i>	Spotty	Early June	Shade; Moist Trailside	Kittredge Rd., West	Lat: 44.750; Lon: -68.859
Horsetail	<i>Equisetum arvense</i>	Widespread	Early May	Shade; Trail, Woodlands		Lat: 44.866; Lon: -68.731
Horseweed*	<i>Conyza canadensis</i>	Spotty	Mid August	Sun; Road, Clearing, Field	Loop, Rabbit	
Indian Blanketflower	<i>Gaillardia pulchella</i>	Uncommon	Mid July	Sun; Road, Clearing, Field	Loop	
Indian Cucumber Root	<i>Medeola virginiana</i>	Spotty	Early June	Shade; Trail, Woodlands	Bog, Kitteredge Parking Lot	Lat: 44.858; Lon: -68.735
Indian Pipe	<i>Monotropa uniflora</i>	Common	Late July	Shade; Moist Trailside	Bog, East, Moose	
Indian Tobacco	<i>Lobelia inflata</i>	Common	Late July	Shade; Moist Trailside	Arboretum, Deer, East, Rabbit, West	
Iris, Large Blueflag	<i>Iris versicolor</i>	Common	Mid June	Sun; Road, Wet Meadows	Bog, Loop, Main, Shannon, Tripp	
Jack in the Pulpit	<i>Arisaema triphyllum</i>	Common	Early June	Shade; Road	Arboretum, Bog, Main, Shannon, West	
Jewelweed, Spotted	<i>Impatiens capensis</i>	Common	Late July	Shade	Kittredge Parking Lot, Main, Shannon, Tripp	
Knotweed, Japanese†*	<i>Fallopia japonica</i>	Uncommon	Late August	Sun; Road	Kittredge Road	
Labrador Tea**	<i>Rhododendron groenlandicum</i>	Spotty	Early June	Shade; Trail, Woodlands	Bear, Bog, West, Railroad Bed	Lat: 44.862; Lon: -68.744
Lady Slipper, Pink	<i>Cypripedium acaule</i>	Widespread	Late May	Sun/Shade; Road, Trail		
Laurel, Sheep**	<i>Kalmia angustifolia</i>	Common	Late June	Shade	Bog, East, Main, Shannon, Squirrel, Trip, West,	Lat: 44.864; Lon: -68.731
Leatherleaf**	<i>Chamaedaphne calyculata</i>	Spotty	Early May	Bog	Loop, Bear	
Lettuce, Wild	<i>Lactuca canadensis</i>	Common	Mid July	Sun; Clearing	East, Loop, Main, Shannon,	Lat: 44.852; Lon: -68.735
Loosestrife, Fringed	<i>Lysimachia ciliata</i>	Uncommon	Late July	Shade	Main	Lat: 44.858; Lon: -68.736
Loosestrife, Purple†*	<i>Lythrum salicaria</i>	Widespread	Early July	Sun; Road, Clearing, Field		
Loosestrife, Tufted	<i>Lysimachia thyrsiflora</i>	Spotty	Mid June	Shade;Wet/Bog	Bog Brook	
Loosestrife, Yellow	<i>Lysimachia terrestris</i>	Uncommon	Mid July	Sun; Road, Wet Meadows	Arboretum	
Lupine*	<i>Lupinus</i> spp.	Spotty	Early June	Sun; Road, Clearing, Field	Loop	
Maleberry**	<i>Lyonia ligustria</i>	Spotty	Late June	Sun/Shade; Road, Trail	Bog, West	
Mallow, Musk*	<i>Malva muschata</i>	Spotty	Mid July	Sun; Road, Clearing, Field	Loop, Main	
Mayflower, Canada	<i>Maianthemum canadense</i>	Widespread	Late May	Shade; Trail, Woodlands		
Meadow Rue, Tall	<i>Thalictrum polygamum</i>	Common	Mid July	Sun/Shade; Road	Arboretum, Bog, Shannon, Tripp	
Meadow Sweet	<i>Filipendula ulmaria</i>	Widespread	Late July	Sun/Shade; Trail, Woodlands		
Milkweed, Common	<i>Asclepias syriaca</i>	Spotty	Early July	Sun; Road, Clearing, Field	Dump Hill, Shannon, Tripp, West	
Mugwort, Common	<i>Artemisia vulgaris</i>	Widespread	Early August	Sun; Road, Clearing, Field		
Mullein, Common*	<i>Verbascum thapsus</i>	Common	Mid July	Shade; Road	Arboretum, Deer, Loop, Shannon, Tripp, West	
Mustard, Black	<i>Brassica nigra</i>	Uncommon	Late July	Sun; Road, Clearing, Field	Kittredge Road	Lat: 44.856; Lon: -68.740
Mustard, Garlic†*	<i>Alliaria petiolata</i>	Uncommon	Late May	Sun; Road, Clearing, Field	Kittredge Road	
Nightshade, Bittersweet*	<i>Solanum dulcamara</i>	Common	Mid June	Sun/Shade	Arboretum, Kittredge Parking Lot, West	
Nipplewort*	<i>Lapsana communis</i>	Uncommon	Late June	Sun/Shade; Road, Trail	Kitteredge Parking Lot	Lat: 44.857; Lon: -68.736
Orchis, Ragged Fringed	<i>Platanthera lacera</i>	Uncommon	Early August	Sun/Shade; Road	Main	
Parsnip, Water	<i>Sium suave</i>	Spotty	Late July	Sun/Shade; Road	Bog, Shannon, Tripp	
Parsnip, Wild*	<i>Pastinaca sativa</i>	Spotty	Late July	Shade	Arboretum, Kittredge Parking Lot	
Partridgeberry	<i>Mitchella repens</i>	Widespread	Early July	Shade; Trail, Woodlands		
Phlox, Garden*	<i>Phlox paniculata</i>	Uncommon	Mid August	Sun; Road	Loop	
Pineapple weed	<i>Matricaria matricarioides</i>	Widespread	Late July	Sun; Road		
Pink, Deptford	<i>Dianthus armeria</i>	Uncommon	Mid September	Sun; Road, Clearing, Field	Kitteredge Road	
Plantain, Common*	<i>Plantago major</i>	Widespread	June	Sun; Road		
Plantain, Large Water	<i>Alisma triviale</i>	Spotty	Late July	Pond	Arboretum, Bog, Main	Lat: 44.848; Lon: -68.740
Poison Ivy	<i>Toxicodendron radicans</i>	Widespread	Mid June	Shade; Trail, Woodlands		
Pussytoes, Field	<i>Antennaria neglecta</i>	Uncommon	Early June	Sun; Road, Clearing, Field	Kitteredge Road,	

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Alder, Speckled**	<i>Alnus rugosa</i>	Widespread	Late April	Sun/Shade; Road, Trail		
Pyrola, Round-leaf	<i>Pyrola americana</i>	Spotty	Mid July	Shade; Trail, Woodlands	Grouse, Main, West	Lat: 44.874; Lon: -68,741
Queen Annes Lace*	<i>Daucus carota</i>	Widespread	Mid August	Sun; Road, Clearing, Field		
Ragweed, Common	<i>Ambrosia artemisiifolia</i>	Widespread	Late August	Sun; Road, Clearing, Field		
Raspberry	<i>Rubus</i>	Widespread	Mid June	Sun/Shade; Road, Trail		
Raspberry, Dwarf	<i>Rubus pubescens</i>	Common	Mid May	Shade;Wet/Bog	East, Moose, Kitteredge Parking Lot,	
Rattle, Yellow	<i>Rhinanthus minor</i>	Spotty	Mid June	Sun; Road, Clearing, Field	Dump Hill, Loop	
Rattlesnake-Root, Tall	<i>Nabalus altissimus</i>	Common	Early August	Shade; Trail, Woodlands	Bobcat, East, Loop, Main, West	
Rhodora **	<i>Rhododendron canadense</i>	Widespread	Late May	Sun; Trail		
Ribes/Prickly Gooseberry**	<i>Ribes cynosbati</i>	Uncommon	Late May	Share; Trail, Woodlands	Main	
Ribes/Skunk Currant**	<i>Ribes glandulosum</i>	Common	Mid May	Streamside, Wet Areas	Kitteredge Road, Rabbit, East, West	
Rocket, Yellow *	<i>Barbarea vulgaris</i>	Widespread	Mid May	Sun; Road, Clearing, Field		
Rose, Multiflora†** *	<i>Rosa multiflora</i>	Spotty	Early July	Sun; Road	East, Loop, Shannon	Lon: 44.864 Lat: -68.729
Rose, Rugosa ** *	<i>Rosa rugosa</i>	Spotty	June	Sun; Road	Arboretum	
Rose, Shining	<i>Rosa nitida</i>	Uncommon	Late June	Shade; Trail, Woodlands	Bog	
Sarsaparilla, Bristly	<i>Aralia hispida</i>	Spotty	Mid July	Sun; Road	Loop, Tripp	Lat: 44.864; -68.747
Sarsaparilla, Wild	<i>Aralia nudicaulis</i>	Widespread	Late May	Shade; Trail, Woodlands		
Selfheal	<i>Prunella vulgaris</i>	Widespread	Late July	Sun/Shade; Trails		
Shadbush, spp.**	<i>Amelanchier spp.</i>	Common	Mid May	Sun/Shade; Road, Trail	Loop	
Sheppards Purse	<i>Capsella bursa-pastoris</i>	Uncommon	Late July	Sun; Road	Kitteredge Parking Lot	Lat. 44.857; -68.736
Siberia Spring Beauty*	<i>Scilla spp.</i>	Spotty	Early May	Sun; Road, Wet Meadows	Aboretum, Loop	
Silverrod	<i>Solidago bicolor</i>	Widespread	Mid August	Sun/Shade; Road, Trail		
Skullcap, Mad-dog	<i>Scutellaria lateriflora</i>	Spotty	August	Shade; Moist Trailside	Bear, Moose	
Skullcap, Marsh	<i>Scutellaria galericulata</i>	Spotty	Early June	Shade	Arboretum, Kittredge Parking Lot	
Skunk Cabbage	<i>Symplocarpus foetidus</i>	Widespread	Mid March	Shade/Wet/Bog		Lat: 44.866; Lon: -68.728
Smartweed		Uncommon	Late July	Sun/Shade; Road	Kitteredge Parking Lot	
Snapdragon, Dwarf		Uncommon	Late June	Sun; Road	Aboretum	
Snowberry, creeping	<i>Gaultheria hispidula</i>	Uncommon		Shade; Moist Trailside, Bog	Bear, Moose	
Snowdrop*	<i>Galanthus nivalis</i>	Spotty	Late April	Shade; Trail	Arboretum, Loop	Lat: 44.868; Lon: -68.745
Solomon's Seal, Three-Leaved	<i>Smilacina Trifolia</i>	Spotty	Late May	Shade/Wet/Bog	Bog, Loop	
Solomon's Seal, False	<i>Maianthemum racemosum</i>	Spotty	Early June	Shade; Trail, Road	Main, West	Lat: 44.589; Lon: -68.738
Solomon's Seal, Hairy	<i>Polygonatum pubescens</i>	Spotty	Early June	Shade; Trail	East	
Speedwell spp.	<i>Veronica spp.</i>	Uncommon	Early June	Sun; Road, Clearing, Field	Arboretum	
Speedwell, Common	<i>Veronica officinalis</i>	Spotty	Mid June	Shade; Road	Arboretum, Main	
Speedwell, Marsh	<i>Veronica scutellata</i>	Spotty	Early June	Sun/Shade; Road, Trail	Arboretum, Bog	
Speedwell, Thyme Leaved*	<i>Veronica serpyllifolia</i>	Uncommon	Late May	Sun/Shade; Meadow/Road	Tripp	
Spirea, spp.	<i>Spirea, spp</i>	Uncommon	Early July	Shade; Moist Trailside	Moose	
St. John's Word, Virginia-marsh	<i>Triadenum virginicum</i>	Uncommon	Mid July	Sun/Shade; Wet Meadows, Bogs	Bear	
St. Johns Wort, Common*	<i>Hypericum perforatum</i>	Widespread	Mid July	Sun; Road, Clearing, Field		
Star Flower	<i>Trientalis borealis</i>	Widespread	Mid May	Shade		
Steeplebush	<i>Spirea tomentosa</i>	Spotty	Late July	Sun; Road	Bog, Loop, Shannon	
Stitchwort, spp.	<i>Stellaria spp.</i>	Common	Mid June	Sun; Road, Clearing, Field	Arboretum, Loop, Main, Shannon	
Stonecrop, Ditch	<i>Penthorum sedoides</i>	Spotty	Late August	Shade; Moist Trailside	Bog	
Strawberry, Wild	<i>Fragaria virginiana</i>	Widespread	Mid May	Sun/Shade; Road, Trail		
Strawberry, Wood	<i>Fragaria vesca</i>	Widespread	Mid May	Sun/Shade; Road, Trail		
Sumac, Staghorn**	<i>Rhus typhina</i>	Spotty	Early July	Sun/Shade; Road, Trail	Kittredge Parking Lot, Rabbit	Lat: 44.857; Lon: -68.736
Sundrop	<i>Oenothera fruticosa</i>	Spotty	Early July	Sun/Shade; Meadow/Road	Arboretum, Loop	Lat: 44.870; Lon: -68.742
Sweetfern**	<i>Comptonia peregrina</i>	Widespread	Late July	Sun/Shade; Road, Trail		
Tansy*	<i>Tanacetum vulgare</i>	Widespread	Early August	Sun; Road, Clearing, Field		
Tearthumb, Arrow-leaved	<i>Tracaulon sagittatum.</i>	Spotty	Mid August	Shade; Moist Trailside	Bear, Grouse, Moose	
Tearthumb, Halberd-leaved	<i>Tracaulon sagittatum.</i>	Widespread	Mid August	Shade; Moist Trailside		
Thistle, Bull†*	<i>Cirsium vulgare</i>	Widespread	Mid August	Sun; Road		
Thistle, Canada†*	<i>Cirsium arvense</i>	Widespread	Mid July	Sun; Road, Clearing, Field		
Thistle, Field Sow*	<i>Sonchus arvensis</i>	Widespread	Mid July	Sun; Road, Clearing, Field		
Trefoil, Bird's-Foot*	<i>Lotus corniculatus</i>	Widespread	Mid June	Sun; Road, Clearing, Field		
Trillium, Painted	<i>Trillium undulatum</i>	Widespread	Mid May	Shade; Trail, Woodlands		
Trillium, Red	<i>Trillium erectum</i>	Uncommon	Early May	Shade; Trail, Woodlands	Northeast Penjajawoc Preserve	Lat: 44.899; Lon: -68.816

Common Flower Name	Latin Name	Distribution	Bloom	Location	Trail/Road	Latitude and Longitude
Alder, Speckled**	<i>Alnus rugosa</i>	Widespread	Late April	Sun/Shade; Road, Trail		
Turtlehead	<i>Chelone glabra</i>	Common	Early August	Sun; Road, Wet Meadows	Bear, Bog, Main, Moose, Tripp, West	
Twin Flower	<i>Linnaea borealis</i>	Widespread	Mid June	Sun/Shade; Road, Trail		
Valerian, Garden*	<i>Valeriana officinalis</i>	Widespread	Early July	Sun; Road, Clearing, Field		
Vervain, Blue	<i>Verbena hastata</i>	Uncommon	Mid July	Shade; Trail	East/Bog Entrance	
Vetch, Cow*	<i>Vicia cracca</i>	Widespread	Mid June	Sun; Road, Clearing, Field		
Vetch, Crown*	<i>Securigera varia</i>	Widespread	Late June	Sun; Road, Clearing, Field		
Vetch, Spring*	<i>Vicia sativa</i>	Uncommon	Early June	Sun/Shade; Road	Shannon	Lat: 44.857; Lon: -68.754
Viburnum, Arrowwood**	<i>Viburnum recognitum</i>	Spotty	Early June	Shade; Moist Trailside	Arboretum, East, Kittredge Parking Lot, Main	
Viburnum, Black Haw**	<i>Viburnum prunifolium</i>	Spotty	Mid June		Tripp, West	
Viburnum, Highbush Cranberry**	<i>Viburnum trilobum</i>	Uncommon	Mid June	Sun; Clearing	Arboretum	
Viburnum, Maple-Leaved**	<i>Viburnum acerifolium</i>	Spotty	Early June	Shade; Moist Trailside	Bobcat, East, Rabbit, Main	Lat: 44.863; Lon: -68.740
Viburnum, Sweet**	<i>Viburnum lentago</i>	Uncommon	Mid June	Sun; Road, Wet Meadows	Arboretum, West	
Violet, American Dog	<i>Viola labradorica</i>	Spotty	Mid May	Sun/Shade; Road	Main	
Violet, Canada	<i>Viola canadensis</i>	Uncommon	Mid May	Sun; Road	Loop	
Violet, Marsh Blue	<i>Viola cucullata</i>	Uncommon	Early June	Shade; Moist Trailside	West	Lat: 44.861; Lon: -68.742
Violet, Northern Blue	<i>Viola septentrionalis</i>	Widespread	Mid May	Sun/Shade; Road		
Violet, Northern White	<i>Viola macloskeyi</i>	Widespread	Early May	Sun/Shade; Road, Trail		Lat: 44.866; Lon: -68.731
Virgin's Bower	<i>Clematis virginiana</i>	Spotty	Late July	Sun/Shade; Road	Main, Kittredge Rd., Shannon	Lat: 44.866; Lon: -68.630
Virginia Creeper	<i>Parthenocissus quinquefolia</i>	Spotty		Arboretum, Main Road		
Wild Calla	<i>Calla palustris</i>	Spotty	Early June	Water	Loop, Tripp, West	
Willowherb, Northern	<i>Epilobium glandulosum</i>	Spotty	Mid August	Shade; Moist Trailside	Bog, East, Raccoon	
Willowherb, Purpleleaf	<i>Epilobium coloratum</i>	Spotty	Mid August	Shade/Wet/Bog	Bog, Arboretum	Lat: 44.856; Lon: -68.739
Winterberry**	<i>Ilex verticillata</i>	Spotty	Early July	Shade; Moist Trailside	Bog, Tripp, West	
Wintergreen	<i>Gaultheria procumbens</i>	Widespread	Early August	Sun/Shade; Trail, Woodlands		
Wood Sorrel, Yellow*	<i>Oxalis stricta</i>	Common	June	Sun/Shade; Road	Arboretum, Main, Rabbit, Shannon, West	
Wormseed, Yellow	<i>Erysimum cheiranthoides</i>	Spotty	Late July	Sun; Road, Clearing, Field	Arboretum, Kittredge Parking Lot	
Yarrow*	<i>Achillea millefolium</i>	Widespread	Mid July	Sun; Road, Clearing, Field		
Yellow Bird's-Nest	<i>Hypopitys monotropa</i>	Uncommon	Late June	Shade; Moist Trailside	Bobcat	Lat: 44.879; Lon: -68.740
Yellow Pond Lily	<i>Nuphar variegata</i>	Uncommon	Early June	Sun; Wet	Pond	

Capstone project completed by Clare Dellwo Cole for the Maine Master Naturalist course. Wildflowers and Shrubs of the Bangor City Forest is a work in progress and subject to change. The parameters shown in the spread sheet; distribution, bloom period, and location were chosen by the identifier and represent her personal observations. Field work started in June 2013 and is continuing into 2017.

Uncommon: 1 location
 Spotty: 2-5 locations
 Common: 6-15 locations
 Widespread: 16+ locations

*Non-native(Newcombs)
 **Shrub
 † Invasive(Bulletin #2536, Invasive Plants Threaten Maine's Natural Treasures and Maine Invasive Plant Fact Sheets).

Materials Used: [Newcomb's Wildflower Guide](#), [Spring Wildflowers of New England](#), [Summer](#), and [Fall Wildflowers of New England](#); hand lens.

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